

**Seguin Independent School District  
School Health Advisory Council  
SHAC**

Minutes, November 13<sup>th</sup>, 2024

- Welcome and Introductions
  - Mark Dibble called the meeting to order at 5:31.
    - In attendance- Sarah Anderson, Veronica Blair, Arianne Canales, Mark Dibble, Cecily Dwyer (online), Christine Dyer (online), Trixie Ferguson, Jacob Galvan, Michele Meehan (online), Elizabeth Moore, Gina Richardson, Rebecca Schroeder, Pete Silvius, Angela Sjolander, Katie Weatherly..
  - Meeting Minutes from the September 18th SHAC meeting were approved with a motion by Sarah and a second by Elizabeth.
- Member Business-
  - Jacob Galvan shared that the Triennial Assessment of our adopted Wellness Plan is this year. The assessment is an opportunity to utilize an evaluation tool to review our wellness plan. The results can give us direction for further consideration of future modifications and edits to our plan to better reflect the goals and priorities of the SHAC and our community. The Wellness Plan is available on the Seguin ISD Website and at this link.  
<https://www.seguin.k12.tx.us/page/fs.wellnessplan>
  - Elizabeth Moore shared a recent resource that the district has posted to reference community resources related to mental health. The resource document can be found on the Students Services page of the Seguin ISD Website under the Mental Health tab and at this link.  
<https://www.seguin.k12.tx.us/page/studentsservices.mentalhealth>
- The meeting was adjourned at 6:47pm with a motion from Katie Weatherly and a second by Sarah Anderson.
- SHAC Meeting Dates 24-25
  - September 18th 2024
  - November 13th 2024
  - January 15th 2025
  - March 26th 2025
  - May 21st 2025